

REQUIREMENTS

PLEASE RETURN YOUR ENTRY FORM AND FEE NO LATER THAN SUNDAY 12TH SEPTEMBER 2009 -

Students must provide their own shin, arm, groin and mouth guards, due to the personal nature of these items - chest and head guards will be provided on the day if required

Students must provide their appointed coach for each fight

ALL COMPETITORS UNDER THE AGE OF 16 MUST BE ACCOMPANIED BY AN ADULT

Rules of the tournament

1. Permitted techniques

- A) Foot techniques: Delivering techniques by using the parts of the foot below the ankle bone.
- B) Fist techniques: Delivering techniques by using the front parts of the forefinger and middle finger of the tightly clenched fist.

2. Permitted contact areas

- A) Trunk:
Attack by fist and foot techniques on the areas covered by the trunk protector are permitted. However, such attacks shall not be made on the part of the back not covered by the trunk protector.
- B) Face:
This area is the face excluding the back and top of the head. Attack by foot techniques only is permitted. No contact to the head is permitted for elevens and under (Cadets).

3. Valid Points

Legal Scoring Areas

A) Trunk

Mid-section of the trunk: The part covered by the trunk protector will score one point. This will be indicated by at least two of the three corner judges raising a flag.

B) Face

The whole part of the face including both ears will score one point. This will be indicated by at least two of the three corner judges raising a flag.

C) Points

One point shall be awarded when permitted techniques are delivered accurately and powerfully to the legal scoring areas of the body. If a technique is blocked or deflected no points will be awarded.

D) Winner

Match score shall be the sum of points of the rounds.

E) Invalidation of points

When a contestant performs an attack to score through the use of the prohibited acts, the points scored shall be annulled. This will be done by the referee who will inform the recorder immediately.

4. Prohibited acts and Penalties

Penalties on any prohibited acts shall be declared by the referee and recorded by the recorder who will amend the scores.

A) Penalties

Penalties are divided into "Kyong-go" (warning penalty) and "Gam-jeom" (deduction penalty).

B) Warnings "Kyong-go"

Two Warnings "Kyong Ho" shall be counted as deduction of one point. However, the odd "Kyong-go" shall not be counted in the grand total but may be counted in the event of a tie

Prohibited acts "Kyong-Go"

The following acts shall be classified as prohibited acts, and 'Kyong-go' shall be declared:

1. Crossing the alert Line
2. Evading by turning the back to the opponent
3. Falling down
4. Avoiding the match
5. Grabbing, holding or pushing the opponent
6. Attacking below the waist
7. Pretending injury
8. Head butting or attacking with knee
9. Hitting the opponent's face with the hand
10. Uttering undesirable remarks or any misconduct on the part of a competitor or a coach

Prohibited acts "Gam-Jeom"

The following acts shall be classified as prohibited acts, and 'Gam-Jeom' shall be declared:

1. Attacking the opponent after 'Kal-yeo' Break
2. Attacking the fallen opponent
3. Throwing down the opponent by grabbing the opponent's attacking foot in the air.
4. Intentionally attacking the opponent's face with the hand
5. Interrupting the progress of the match on the part of a competitor or a coach
6. Violent or extreme remarks or bad behaviour on the part of a competitor or a coach

Winner by referee's declaration (Disqualification)

1. When a competitor intentionally refuses to comply with the Competition Rules or the referee's order, the referee may declare the competitor loser by penalty.
2. When a contestant receives minus three points, the referee shall declare him/her loser by penalties. "Kyong-go" and " Gam-jeom" shall be counted in the total score of the three rounds.

ENGLISH TAEKWONDO FEDERATION
SPARRING COMPETITION
IN AID OF BRIAN HOUSE CHARITY

SUNDAY 11th OCTOBER 2009 10-5pm at BLACKPOOL SPORTS
CENTRE.

Taekwondo merchandise will be available on the day

British Taekwondo Council medals will be presented to winners and runners-up

Spectator Admission Fees

£3.00 Senior (16yrs & above)
£2.50 Junior (5-15yrs) & Senior Citizens
£8.00 Family admission (4 persons)
FREE admission to all under 5's

**Please note that spectator fees are payable on the day only and should not be submitted with
competition entrance fees**



